

**OPENING HOURS / HORAIRES / ÖFFNUNGSZEITEN**

The Palace Spa is open daily from 8.30am until 9.00pm. The indoor pool is open daily from 7:30am.  
*Le Palace Spa est ouvert tous les jours de 8h30 à 21h00. La piscine couverte est ouverte tous les jours à partir de 7h30.*  
 Der Palace Spa ist täglich von 8.30 Uhr bis 21.00 Uhr geöffnet. Das Hallenbad ist täglich ab 7.30 Uhr geöffnet.

**SPA ACCESS / ACCES AU SPA / SPAZUTRITT**

- The access to the spa is complimentary for all guests staying at the Gstaad Palace (including La Résidence and Les Chalets du Palace).
- The required minimum age is 16 years, however children are welcome to use the indoor swimming pool.
- The spa access fee for non-hotel guests is CHF 60.- per day, a reservation is necessary.
- With a treatment booking of min. CHF 150.-, the entrance is free of charge.
- *L'accès au spa est gratuit pour tous les clients qui logent au Gstaad Palace (inclus La Résidence et Les Chalets du Palace).*
- *L'âge minimal pour accéder au spa est de 16 ans, néanmoins les enfants sont les bienvenus à la piscine intérieure.*
- *Le prix d'accès au spa pour les clients externes est de CHF 60.- par jour; une réservation est nécessaire.*
- *Lors de la réservation d'un traitement de min. CHF 150.-, l'entrée est gratuite.*
- Der Spazutritt ist kostenlos für alle Hotelgäste (inklusive La Résidence und Les Chalets du Palace).
- Das Mindestalter beträgt 16 Jahre; Kinder sind im Hallenbad willkommen.
- Der Spazutrittspreis für externe Gäste beträgt CHF 60.- pro Tag, eine Reservierung ist notwendig.
- Bei Buchung einer Behandlung von mind. CHF 150.- ist der Eintritt frei.

**RESERVATIONS & CANCELLATIONS / RESERVATIONS ET ANNULATIONS / RESERVIERUNG & STORNIERUNG**

- An early reservation is recommended; please contact us at +41 (0)33 748 58 90, hotel extension #890 or spa@palace.ch.
- Cancellations or rescheduling of appointments less than 24 hours prior to the reserved appointment are subject to a 100% cancellation charge.
- *Une réservation anticipée est recommandée; veuillez nous contacter au +41 (0)33 748 58 90, numéro interne # 890 ou spa@palace.ch.*
- *Dans le cas d'une annulation ou d'un changement de dates 24 heures avant la réservation le montant total du soin sera facturé.*
- Eine frühzeitige Reservierung ist empfohlen; bitte kontaktieren Sie uns unter +41 (0)33 748 58 90, interne Nummer # 890 oder spa@palace.ch.
- Bei Stornierungen oder Terminänderungen ab 24 Stunden vor dem reservierten Termin wird der gesamte Betrag belastet.

**PILATES STUDIO**



Pilates private session	55 min	150.- to 165.-
GYROTONIC®/GYROKINESIS® Private session	55 min	160.- to 175.-
Pilates or GYROTONIC®/GYROKINESIS® Duet (2 persons / price per person)	55 min	90.- to 100.-
Ashtang Vinyasa Yoga (in between the season only or guest room during the season)	55 min 85 min	165.- 245.-
Pilates, GYROKINESIS®, Ashtanga Vinyasa Yoga Home visit	55 min 85 min	Price available on request

Instructions are in English, prices vary depending on the teacher's qualification and experience. Cancellations or rescheduling of appointments less than 48 hours prior to the reserved appointment are subject to a 100% cancellation charge.

*Les leçons sont en anglais et les prix varient selon les qualifications et expériences du professeur. Dans le cas d'une annulation ou d'un changement de dates 48 heures avant la réservation le montant total de la leçon sera facturé.*

Die Kurse sind in Englisch, die Preise variieren je nach Erfahrung und Qualifikation des Lehrers. Bei Stornierungen oder Terminänderungen ab 48 Stunden vor dem reservierten Termin wird der gesamte Betrag belastet.

For Pilates bookings please contact the following numbers: +41 (0)33 748 72 68, +41 (0)79 363 26 57, hotel extension 301



**SPA MEMBERSHIP**

Become a Gstaad Palace Spa member and take advantage of a 10% discount on all our treatments, one free treatment chosen for you by us, plus unlimited access to our Spa facilities and state of the art Technogym fitness studio.

*Devenez membre du Gstaad Palace Spa et profitez d'un rabais de 10 % sur nos soins, d'un soin spécifique offert ainsi que l'accès illimité à nos installations au spa et de notre salle de fitness équipée par Technogym.*

Werden Sie Mitglied des Gstaad Palace Spa und profitieren Sie von einem Rabatt von 10% auf all unseren Behandlungen, einer von uns ausgewählten Gratisbehandlung und einem unlimitierten Zutritt zu all unseren Spa Einrichtungen inklusive dem Technogym Fitness Studio.

Summer membership	CHF 1'200.-
Winter membership	CHF 1'500.-
Winter & summer membership	CHF 2'500.-

**DAY SPA**

For external guests the Palace Spa is open daily from 8:30am until 9:00pm on reservation and at CHF 60.-

*Pour les clients extérieurs le Palace Spa est ouvert tous les jours de 8h30 à 21h00 sur réservation au prix de CHF 60.-*

Das Palace Spa ist auch externen Gästen nach Voranmeldung täglich von 8.30 Uhr bis 21.00 Uhr zum Preis von CHF 60.- zugänglich.



**GSTAAD PALACE**  
SWITZERLAND

**SPA PRICE LIST**  
*LISTE DES PRIX DU SPA*  
**SPA-PREISLISTE**

# HAMMAM EXPERIENCE AND PRIVATE SPA

## HAMMAM EXPERIENCE

A true haven of peace, our Hammam transports you to the heart of an absolutely unrivaled experience for two long hours, through 7 stages.

Your ritual begins with a calming foot bath and steam room, followed by relaxing moments in the "Infinity Room" which will allow you to totally clear your mind. You will then discover the benefits of a body scrub with Moroccan black soap which will leave your skin feeling like velvet.

After that, enjoy a soothing moment in the Hammam, as well as in the private plunge and floating pool while luxuriating in front of an open fire. Finally, after a break in the relaxation room, try a comforting massage which will top off your delightful experience. The Hammam Experience can be booked for one or two people.

Hammam Experience for two (price per person)	2 hrs	285.–
Hammam Experience for single use	2 hrs	380.–

## PRIVATE SPA

A romantic moment in a magic place. The Private Spa, equipped with its own sauna, hammam, rain and waterfall shower, a relaxation corner and not to forget its large double-sized bathtub, is the ideal spot to relax in complete privacy.

Thanks to the bath with essential natural oils based on donkey milk, from the brand "Calinesse", your skin will find again an unparalleled silky texture.

Private SPA Suite with scrub and massage* for two, 50'	3 hrs	590.–
Private SPA Suite with massage* for two 50'	2 hrs	460.–
Private SPA for two	2 hrs	290.–
Additional hour	1 hr	140.–

\*Choose between full body massage, aromatherapy massage or lymph drainage

## PRIVATE LESSONS

Personal trainer	50 min	150.–		
Yoga stretching	50 min	150.–		
Squash lesson	30 min	40.–	60 min	80.–

# BODY CARE

## PALACE

Jardin des Monts Energising massage			75 min	240.–
Aromatherapy massage	50 min	160.–	75 min	240.–
Hot Stone massage	50 min	160.–	75 min	240.–
Thai massage	50 min	170.–	75 min	250.–
Lomi Lomi	50 min	170.–	75 min	250.–
Foot reflex massage	25 min	80.–	50 min	160.–
Manual lymph drainage	50 min	160.–	75 min	240.–
Full body massage	50 min	150.–	75 min	220.–
Deep tissue	50 min	180.–	75 min	250.–
Therapeutical massage			50 min	190.–
Couple massage in our Private Spa Suite (Full body massage, aromatherapy massage, lymph drainage)				on request

## GEMOLOGY

Candle Ritual Massage	60 min	180.–
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### Scrub & Massage

Relaxing and anti-stress care with peridot cream	45 min	110.–
Anti-Aging and smoothing care with ruby cream	45 min	110.–
Slimming and firming care with sapphire cream	45 min	110.–

### Rituals: Scrub, Massage and Wrap

Getaway mineralizing ritual of the Rotorua volcano of New Zealand	75 min	250.–
Anti-aging ritual with pink garnet	75 min	250.–
Slimming ritual with tea leaves and cocoa beans	75 min	250.–
Light legs care with mint and field horsetail	60 min	190.–

## PITANGUY

O <sub>2</sub> Anti-cellulite and toning treatment	80 min	490.–
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## SPECIAL BODY CARE ONLY FOR MEN

### GEMOLOGY

Fitness care with sapphire cream (scrub and massage)	45 min	145.–
Mineralizing and detoxifying ritual with ruby cream (scrub, massage and wrap)	75 min	250.–

# FACIAL CARE

Deep cleansing*	25 min	90.–	50 min	170.–
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\*recommended before each facial treatment except O<sub>2</sub> & needling

## GEMOLOGY

The Classics (with tourmaline, red jasper or lapis-lazuli)	40 min	145.–
The Precious (with malachite, amethyst or smithsonite)	60 min	180.–
The Anti-Aging (with diamond, red jasper, jade or mother of pearl)	75 min	250.–

## SISLEY

Phyto-aromatic facial	50 min	190.–
Phyto-aromatic anti-aging	90 min	290.–
Phyto-aromatic Supreme anti-aging	90 min	450.–

## PITANGUY

O <sub>2</sub> eye contour treatment	25 min	180.–
O <sub>2</sub> intense or radiance treatment	55 min	450.–
O <sub>2</sub> needling rejuvenate treatment *	60 min	480.–

\* The micro needling technique combined with Oxygen propulsion stimulates elastin and collagen production, improves cell renewal and facilitates the penetration of active ingredients. Results can immediately be noticed! The skin is instantly oxygenated, luminous and radiant. Wrinkles are smoothed and corrected.

## SPECIAL FACIAL CARE ONLY FOR MEN

### GEMOLOGY

Toning care with jade	75 min	220.–
Radiance boost with red jasper	75 min	220.–

## SISLEY

Phyto-aromatic care	50 min	190.–
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# BEAUTY CORNER

## MANICURE / PEDICURE : OPI

Short	25 min	50.–
Classic	50 min	115.–
Deluxe*	80 min	160.–
Nail polish application*	25 min	35.–

\*French manicure supplement CHF 20.-

## MAKE UP

Day	30 min	60.–
Evening	50 min	110.–
Wedding with 1 trial session	50 min	145.–

## DIVERS

Various epilations	20.– to 120.–	
Eyelash or eyebrow tinting	25 min	30.–

## GEMOLOGY

Beauty from precious trace minerals. Our skin requires a daily dose of trace elements, such as iron, magnesium, zinc and chrome and it has been proven that these pure and powerful activators provide multiple benefits and effectiveness.

## SISLEY

Discover Sisley's Phyto-Aromatic Treatments and let yourself be transported to a wonderful sensorial world. The Sisley Phyto-Aromatic Treatments exist in different versions, each of which has its own specific massage technique designed to meet the needs of all skin types.

## PITANGUY

Oxygen luxury treatments developed for immediate results. The Oxygen O<sub>2</sub> propulsion promotes the activation of the hydrating agents and the natural production of collagen and elastin.