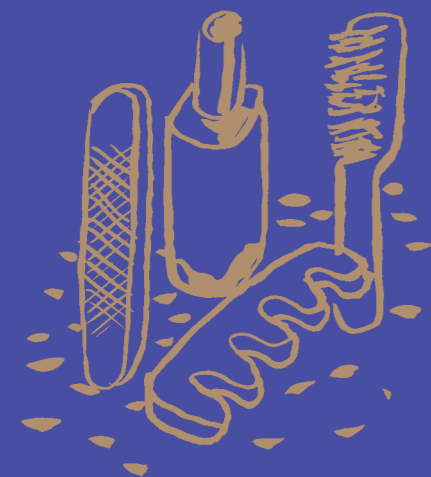


BEAUTY



GSTAAD PALACE

Palacestrasse 28 • 3780 Gstaad • Switzerland • Phone: +41 33 748 50 00 • info@palace.ch • palace.ch

General Informations

OPENING HOURS

The Palace Spa is open daily from 8.30 am until 9.00 pm.

SPA ACCESS

- The access to the spa is complimentary for all guests staying at the Gstaad Palace (including La Résidence and Les Chalets du Palace).
- The required minimum age for spa access is 14 years (including winter outdoor pool). However, children under 14 years are allowed to use the indoor swimming pool area when accompanied by an adult.

RESERVATIONS AND CANCELLATIONS

- An early reservation is recommended; please contact us at +41 (0)33 748 58 90, hotel extension #890 or spa@palace.ch.
- Cancellations or rescheduling of appointments less than 24 hours prior to the reserved appointment are subject to a 100% cancellation charge. Prices and treatments are subjects to change.

Day Spa

DAY SPA

For external guests the Palace Spa is open daily from 8:30am until 9:00pm at CHF 70.– and on reservation.

With a treatment booking of min. CHF 160.–, the entrance is free of charge.

DAY SPA PACKAGE

Try our new 80 minutes energizing day spa package:

- Body peeling with salt, sugar, poppy seeds and the essence of refreshing white fir
- A 50-minute energizing massage with the natural aroma of white fir and four biological oils
- Use of all spa facilities before and/or after your treatment.

for a price of CHF 245.–

Pilates

PILATES STUDIO

Pilates private session	55 min	CHF 150.– to 165.–
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GYROTONIC®/GYROKINESIS®

Private session	55 min	CHF 165.– to 175.–
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PILATES OR GYROTONIC®/GYROKINESIS®

Duet (2 persons / price per person)	55 min	CHF 90.– to 100.–
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ASHTANG VINYASA YOGA

(in between the season only or guest room during the season)	55 min	CHF 165.–	85 min	CHF 245.–
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PILATES, GYROKINESIS®, ASHTANGA VINYASA YOGA

Home visit	55 min	on request	85 min	on request
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The Pilates Studio is owned and managed by Natasha Lutz, who along with her experienced team of instructors offer private and duet instruction.

Instructions are in English, French, German and Italian, prices vary depending on the teacher's qualification and experience. Cancellations or rescheduling of appointments less than 48 hours prior to the reserved session are subject to a 100% cancellation charge.

For Pilates bookings please contact the following numbers: +41 (0)33 748 72 68, +41 (0)79 363 26 57



Spa

PRICE LIST

2016/17

Hamмам Experience and Private Spa

HAMMAM EXPERIENCE

A true haven of peace, our Hammam transports you to the heart of an absolutely unrivaled experience for two long hours, through 7 stages.

Your ritual begins with a calming foot bath and steam room, followed by relaxing moments in the “Infinity Room” which will allow you to totally clear your mind. You will then discover the benefits of a body scrub with Moroccan black soap which will leave your skin feeling like velvet.

After that, enjoy a soothing moment in the Hammam, as well as in the private plunge and floating pool while luxuriating in front of an open fire. Finally, after a break in the relaxation room, try a comforting massage which will top off your delightful experience. The Hammam Experience can be booked for one or two people.

Private Hammam Experience for two (price per person) including footbath, infinity room, soap massage, warm oil massage and one additional hour of relaxation time. 3 hrs CHF 330.–

Private Hammam Experience for two (price per person) including footbath, infinity room, soap massage, and warm oil massage. 2 hrs CHF 290.–

Private Hammam Experience Basic for two including steam bath, pool and relaxation area. 2 hrs CHF 320.–

Additional hour 1 hr CHF 150.–

PRIVATE SPA

A romantic moment in a magic place. The Private Spa, equipped with its own sauna, hammam, rain and waterfall shower, a relaxation corner and not to forget its large double-sized bathtub, is the ideal spot to relax in complete privacy.

Thanks to the bath with essential natural oils based on donkey milk, from the brand “Calinesse”, your skin will find again an unparalleled silky texture.

Private SPA Suite with scrub and massage* for two, 75 min 3 hrs CHF 590.–

Private SPA Suite with massage* for two, 50 min 2 hrs CHF 460.–

Private SPA Suite Basic for two 2 hrs CHF 290.–

Additional hour 1 hr CHF 120.–

*Choose between full body massage and aromatherapy massage

PRIVATE LESSONS

Personal trainer 50 min CHF 160.–

Squash lesson 60 min CHF 150.–



Palace

SIGNATURE TREATMENT

Jardin des Monts Energising massage 75 min CHF 240.–

MASSAGE

Aroma-Relax-Massage 50 min CHF 170.– 75 min CHF 240.–

Hot Stone massage 50 min CHF 170.– 75 min CHF 240.–

Thai massage 50 min CHF 170.– 75 min CHF 240.–

Therapeutical massage 50 min CHF 180.– 75 min CHF 250.–

Deep tissue 50 min CHF 170.– 75 min CHF 240.–

Manual lymph drainage 50 min CHF 160.– 75 min CHF 240.–

Classic Massage 50 min CHF 150.– 75 min CHF 220.–

Foot reflex massage 25 min CHF 85.– 50 min CHF 160.–

Couple massage in our Private Spa Suite (Full body massage, aromatherapy massage, lymph drainage) on request

MANICURE / PEDICURE : OPI

Short 25 min CHF 70.–

Classic 50 min CHF 130.–

Deluxe* 80 min CHF 160.–

Nail polish application * 25 min CHF 35.–

Semi permanent polish on request

* French manicure supplement CHF 20.–

MAKE UP

Make up on request

DIVERS

Various epilations CHF 20.– to 120.–

Eyelash or eyebrow tinting 25 min CHF 30.–

Gemology

FACE

Classic Facial 40 min CHF 145.–

Precious in-depth Facial 60 min CHF 180.–

Radiance anti-aging, anti-blemish 75 min CHF 250.–

Diamond anti-aging 90 min CHF 350.–

FACE FOR MEN

Toning care with jade 75 min CHF 220.–

Radiance boost with Red Jasper 75 min CHF 220.–

BODY

Candle Ritual Massage 60 min CHF 180.–

SCRUB & MASSAGE

Relaxing and anti-stress 45 min CHF 110.–

Anti-Aging and smoothing 45 min CHF 110.–

Slimming and firming 45 min CHF 110.–

RITUALS: SCRUB AND WRAP

Getaway mineralizing ritual 75 min CHF 250.–

Anti-aging ritual 75 min CHF 250.–

Slimming ritual 75 min CHF 250.–

Light legs care 60 min CHF 190.–

BODY CARE FOR MEN

Fitness care (scrub and massage) 45 min CHF 145.–

Mineralizing and detoxifying ritual (scrub, massage and wrap) 75 min CHF 250.–

GEMOLOGY COSMETICS

Each gemstone has its own power to enhance your beauty: Ultimate anti-aging with Diamond, brightness with Amethyst, hydration balance with Jade ... Give your skin the essential trace elements it needs!

Sisley

Phyto-aromatic facial 50 min CHF 190.–

Phyto-aromatic anti-aging 90 min CHF 290.–

Phyto-aromatic Supreme anti-aging 90 min CHF 450.–

Phyto-aromatic care 50 min CHF 190.–

Deep cleansing* 25 min CHF 90.– 50 min CHF 170.–

* recommended before each facial treatment except O2 & needling

Discover Sisley’s Phyto-Aromatic Treatments and let yourself be transported to a wonderful sensorial world. The Sisley Phyto-Aromatic Treatments exist in different versions, each of which has its own specific massage technique designed to meet the needs of all skin types.

Pitanguy

O2 eye contour treatment 25 min CHF 180.–

O2 intense or radiance treatment 55 min CHF 450.–

O2 needling rejuvenate treatment * 60 min CHF 480.–

O2 Anti-cellulite and toning treatment 80 min CHF 490.–

* The micro needling technique combined with Oxygen propulsion stimulates elastin and collagen production, improves cell renewal and facilitates the penetration of active ingredients. Results can immediately be noticed! The skin is instantly oxygenated, luminous and radiant. Wrinkles are smoothed and corrected.

Oxygen luxury treatments developed for immediate results. The Oxygen O2 propulsion promotes the activation of the hydrating agents and the natural production of collagen and elastin.

